

## **Report:** One day workshop on Career counselling: Avenues & Opportunities

On April 27, 2022, Shahid Matangni Hazra Government General Degree College for Women organized a one-day workshop on "Career Counselling: Avenues and Opportunities" at 12 PM, led by Ms. Shormi Roy Choudhury, Location Head at Tech Mahindra Foundation. The event, attended by faculty members and a large number of students from various departments, focused on goal setting, smart planning, and achieving career objectives. Ms. Roy Choudhury emphasized aligning one's energy and intelligence levels with career planning, using anecdotes to illustrate her points. The workshop aimed to enhance student well-being and prosperity, creating awareness of job market demands, and preparing students for future opportunities. This initiative, under the aegis of the Career Counselling and Placement Sub-committee, highlighted the benefits of career counseling in picking the right career, providing expert resources, gaining self-confidence, changing unwanted behavior patterns, removing career-related frustration, offering role models, bringing stability in thought, and enhancing employability skills.

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